

# DRUG-FREE SCHOOLS AND CAMPUSES REGULATIONS [EDGAR PART 86] BIENNIAL REVIEW

## Academic Years 2020 - 2021 & 2021 - 2022

Jonah Neville, M.S., CHES Health Promotion Specialist, GatorWell Health Promotion Services

Rebecca DeCesare, Ph.D. Assistant Director, Clery Act Compliance Compliance and Ethics

Loren Israel, JD Assistant Director, Compliance & Ethics

## Contents

Alcohol and Other Drug Prevention Certification	1
Introduction	3
Biennial Review Process	3
Annual Policy Notification Process	4
Annual notification of availability of the Drug and Alcohol Abuse Prevention Program	4
(DAAPP) was distributed the following ways:	
AOD Prevalence Rate, Incidence Rate, and Trend Data	5
AOD Policy, Enforcement & Compliance Inventory & Related Outcomes/Data	8
AOD Comprehensive Program/Intervention Inventory & Related Process	16
and Outcomes/Data	
AOD SWOT Analysis	22
Recommendations for Next Biennium	23
Goals and Objectives for next Biennium	24
Conclusion	24

## Alcohol and Other Drug Prevention Certification

The undersigned certifies that it has adopted and implemented an alcohol and other drug prevention program for its students and employees that, at a minimum, includes –

# 1. The annual distribution to each employee, and to each student who is taking one or more classes of any kind of academic credit except for continuing education units, regardless of the length of the student's program of study, of:

- Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities
- A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol

- A description of any drug or alcohol counseling, treatment or rehabilitation or re-entry programs that are available to employees or students
- A clear statement that the institution will impose disciplinary sanctions on students and employees (consistent with State and Federal law), and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. A disciplinary sanction may include the completion of an appropriate rehabilitation program.

## 2. A biennial review by the institution of its alcohol and other drug prevention comprehensive program to:

- Determine its effectiveness and implement changes to its comprehensive alcohol and other drug prevention program and policies, if they are needed
- Ensure that its disciplinary sanctions are consistently enforced.

### Introduction

The 2022 Drug Free Schools and Communities Act biennial report covers the 2020 – 2021 and 2021 – 2022 academic years (FY 20-22). The report is prepared to meet the requirements of the 1989 amendments to the Drug-Free Schools and Campuses Act, as articulated in Part 86, the Drug-Free Schools and Campuses Regulations. As explained:

In order to certify its compliance with the Part 86 Regulations, an IHE (Institutions of Higher Education) must adopt and implement a drug prevention program to prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by all students and employees both on school premises and as part of any of its activities. Creating a program that complies with the Regulations requires an IHE to do the following:

1.) Prepare a written policy on alcohol and other drugs;

2.) Develop a sound method for distribution of the policy to every student and IHE staff member each year; and

3.) Prepare a biennial report on the effectiveness of its alcohol and other drug (AOD) programs and the consistency of policy enforcement

The Drug-Free Schools and Campuses Regulations require IHEs to review their AOD programs and policies every two years. The required review has two objectives:

1.) To determine the effectiveness of, and to implement any needed changes to, the AOD program; and

2.) To ensure that disciplinary sanctions for violating standards of conduct are enforced consistently.

### **Biennial Review Process**

This report was compiled by Jonah Neville, M.S., CHES, Health Promotion Specialist for GatorWell Health Promotion Services, and Rebecca DeCesare, Ph.D., Assistant Director, Clery Act Compliance. Departments and their staff that contributed data also include:

- UF Employee Relations: Robert Cancellieri
- UF Athletics Association: Jeff Guin
- Student Conduct and Conflict Resolution: Aimee Peeples
- UF Compliance and Ethics: Katherine Moore, Rebecca DeCesare
- UF Police Department: Sgt. Andrew McIntosh
- Individuals who contributed, but no longer with UF: Alicia Baker (GatorWell), Yusof Al-Wadei (Human Resources), Bre Hardy (Housing & Residence Life), Billy Palmer (Counseling & Wellness Center), Danielle Martines (CARE)

Jonah Neville, Rebecca DeCesare, Alicia Baker, and Loren Israel contacted relevant departments for data, program listings, and policies related to AOD prevention. Regarding data analysis and assessment:

- GatorWell Health Promotion Services administers the National College Health Assessment, which provides the population-level data for this review
- Service, sanction, and appointment data is provided by the appropriate departments

As a compliance program that impacts the university enterprise-wide, the Drug Free Schools and Communities Act (DFSCA) falls under the purview of UF Compliance and Ethics. The primary compliance partner who administers the program is Jonah Neville of GatorWell, with contributions from the university's Clery compliance officer Rebecca DeCesare. Compliance efforts for the program are shared by interdisciplinary partners from GatorWell, Employee Relations, University Athletic Association, the Division of Student Life, Student Conduct & Conflict Resolution, University of Florida Police Department, and UF Compliance and Ethics.

The Drug and Alcohol Abuse Prevention Program (DAAPP) and current Biennial Review can be found on the UF Compliance and Ethics website: <u>https://compliance.ufl.edu/policies--guidance/drug-and-alcohol-abuse-prevention-program-daapp/</u>

Federal law requires that the university keep these biennial reports for up to three (3) fiscal years.

## **Annual Policy Notification Process**

The annual notification of the availability of the Drug and Alcohol Abuse Prevention Program (DAAPP) was distributed the following ways:

- Annual Notice of Availability of the Drug and Alcohol Abuse Prevention Program (DAAPP) was sent to all current students, faculty, and staff at the University of Florida by email from Strategic Communications and Marketing. This was completed on October 12<sup>th</sup>, 2022.
- 2) Direct link to the DAAPP available to prospective employees on the UF Jobs website through Human Resources (prospective employees)
- 3) Direct link to the DAAPP available to prospective and current employees on the UF Human Resources Policies website through Human Resources (prospective and current employees)
- 4) Direct link to the DAAPP available to current students on the Consumer Information Disclosure page (prospective and current students)
- 5) Publicly available online on the UF Compliance and Ethics website (public access): <u>https://compliance.ufl.edu/policies--guidance/drug-and-alcohol-abuse-prevention-program-daapp/</u>

#### **Related Policy Notification Process**

In addition to the annual notification of the Drug and Alcohol Prevention Program (DAAPP), Human Resources and Student

#### **Employee Notification:**

UF Human Resources currently notifies employees about the Drug-Free Workplace Statement annually via the UF at Work e-newsletter as well as in the TEAMS/USPS Employee Handbook and will continue to do so. The Drug-Free Workplace statement may also be found online at: <u>https://hr.ufl.edu/forms-policies/policies-managers/drug-free-workplace/</u>

#### **Student Notification:**

Students receive annual notification about the University's Drug-Free policies and services in the following ways: Twice per year (once in the Fall semester and Spring Semester) students receive a link to the University's Consumer Information Disclosure page through the GatorTimes listserv (a listserv to which all students are subscribed). The Consumer Information Disclosure page contains a number of health and safety related links including a link to the Drug-Free Workplace Policy which, itself, lists resources available to students (as well as staff) and a list of related University Regulations and policies.

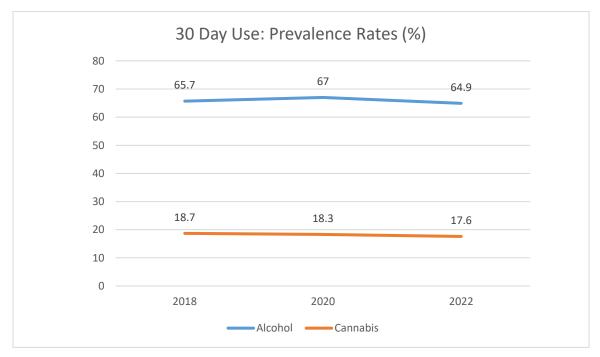
## AOD Prevalence Rate, Incidence Rate, and Trend Data

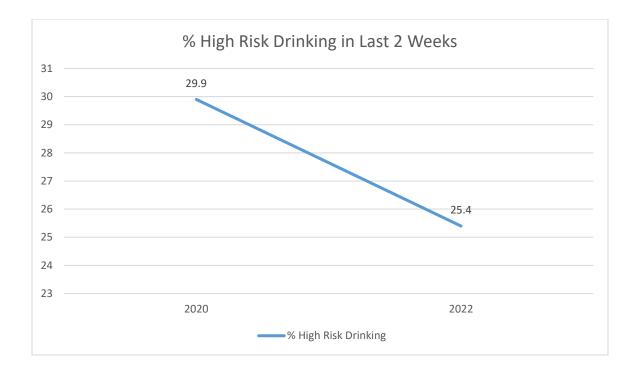
#### Students

During this biennial period, GatorWell continued it implementation of the National College Health Assessment (NCHA) survey. The NCHA survey was administered in Spring 2020 and Spring 2022. Due to changes in the instrument, tobacco prevalence rates are reported differently in the NCHA-III and are reflected in a separate table in this review.

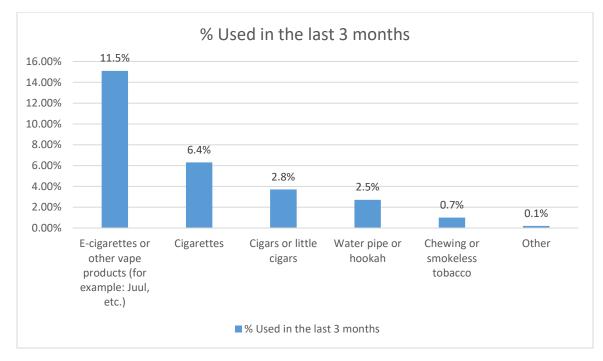
See Appendix A for NCHA Fall 2018 , Fall 2020, and Spring 2022 ATOD Executive Summary Data.







NCHA-III: Spring 2022 Tobacco and Nicotine Data

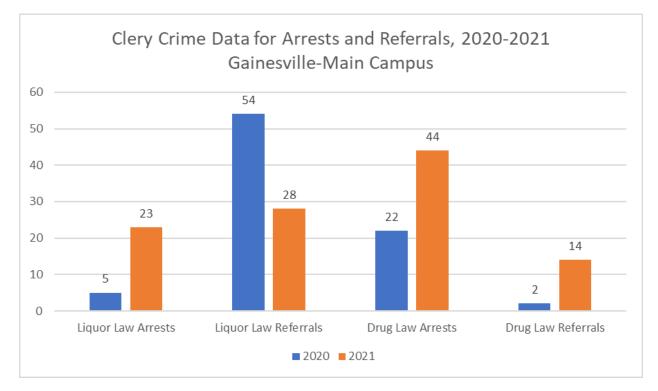


NCHA-III: Proportion of students (overall sample) who report misusing prescription medications (taking without a prescription, or taking more medication or more often than prescribed) in the past 3 months:

Prescription Type	% misused in the past 3 months, Spring 2020
Prescription stimulants	4.3%
Prescription sedatives or sleeping pills	2.1%
Prescription opioids	0.4%

Prescription Type	% misused in the past 3 months, Spring 2022
Prescription stimulants	1.4%
Prescription sedatives or sleeping pills	1.2%
Prescription opioids	0.3%

*Clery crime data reported to the U.S. Department of Education for arrests and referrals for Liquor Law Violations and Drug Law Violations for reporting years 2020 and 2021, for the Gainesville-Main Campus:* 



In reporting year 2020, the majority of students were not physically on-campus due to COVID-19 which led to a low number of liquor law arrests. Data for reporting year 2021 is consistent with the pre-COVID-19 data in reporting year 2019. Additionally, the increase in drug law referrals may be related to a law enforcement procedural change in response to the introduction of medical marijuana in the state of Florida.

## AOD Policy, Enforcement & Compliance Inventory & Related Outcomes/Data

The following is an inventory the University of Florida's ("University") regulations, policies and other miscellaneous documents which make up its comprehensive Drug and Alcohol Abuse Prevention Program (DAAPP). Each entry includes: the name of the regulation, policy or document; a description of the regulation, policy or document; the office responsible for enforcing the regulation, policy or document; and a link to the regulation, policy or document (if one exists). Copies of the regulations, policies and documents are also available in the appendix. Unless otherwise noted, these regulations, policies or documents were effective during the relevant time frame: July 1, 2018 – June 30, 2020.

Regulations (Some regulations apply to all members of the University community or the University campus, while others may apply only to certain segments of the University community, such as students):

Note: Due to the masking and social distancing protocols for COVID-19, many prevention and intervention programs were impacted in delivery of the information or were cancelled in calendar years 2020 and 2021.

University of Florida Regulation 1.008: Disruptive Behavior		
<b>Description:</b> Provides that all University faculty, staff and students shall be subject		
to appropriate disciplinary action by University authority when engaging in		
misconduct. Included within the definition of the term "disruptive conduct" are		
the following behaviors: violating the University regulation on the use of alcoholic		
beverages, the illegal possession or misuse of drugs and other controlled		
substances and violating any of the laws of Florida or the United States.		
	None specifically listed. However, faculty and staff violations	
	would involve those individual's direct supervisors;	
	violations by students would involve the Office of Student	
<b>Responsible Office</b>	Conduct and Conflict Resolution.	
	https://regulations.ufl.edu/wp-	
Link:	content/uploads/2012/09/1008.pdf	

#### University of Florida Regulation 2.019: Alcoholic Beverages.

**Description:** Outlines requirements for and limitations related to selling alcoholic beverages on all properties under the control of the University as well as all fraternity and sorority houses. Also outlines requirements for and limitations related to the service, consumption, and possession of alcohol on the University campus, including approvals that must be received to hold an event where alcohol will be sold or served. Limitations in the regulation include physical restrictions,

such as areas on campus where alcohol may or may not be sold, served, consumed, or possessed and time restrictions when permission may not be granted for the sale, service, consumption or possession of alcohol (e.g. as a general rule, alcohol cannot be sold, served, consumed or possessed at any event held during the University's normal business hours, 8 am to 5 pm, Monday through Friday).

Responsible Office	Vice President for Business Affairs
	https://regulations.ufl.edu/wp-
Link:	content/uploads/2012/09/2019.2016final4-8-16.pdf

#### University of Florida Regulation 2.022: No Smoking or Tobacco Use.

**Description:** Prohibits all use of tobacco, whether lighted or not, on the University of Florida campus as well as any other lands on which a health care facility occupied or controlled by the University is located. This prohibition includes electronic or vapor cigarettes as well as chewing tobacco and smokeless tobacco. This policy also requires the university to maintain a smoking cessation program available for students, faculty, and staff.

available for stadelite	-,,
	Enforcement of this regulation is left to whomever is in
	charge of the facility or area where the use of tobacco might
	occur. However, if a student fails to comply with the
	regulation, the Office of Student Activities and Involvement
	("SAI") is contacted (note: SAI employees learning of such
	compliance issues refer such cases to the Office of Student
	Conduct & Conflict Resolution). Similarly, if a staff or faculty
	member fails to comply with the regulation, their
<b>Responsible Office</b>	immediate supervisor must be notified.
	https://regulations.ufl.edu/wp-
Link:	content/uploads/2016/02/2022.pdf

## University of Florida Regulation 3.057: Workers' Compensation, Unemployment Compensation and Drug Testing.

**Description:** Provides that the University's Human Resources is responsible for administering all drug testing programs at the University. Additionally, requires the University's Human Resources to maintain all policies, procedures, and drug testing records.

Responsible Office	University Human Resources
	https://regulations.ufl.edu/wp-
Link:	content/uploads/2012/09/3057.pdf

## University of Florida Regulation 4.040: Student Honor Code and Student Conduct Code (also reprinted separately as the "The Orange Book").

**Description:** Establishes the University's Student Honor Code, Student Conduct Code and the student conduct system. All students and student organizations are

required to adhere to the honor and conduct codes when on University-controlled property, at University-sponsored events, and, under certain circumstances, when off-campus. The regulation's conduct code contains sections on both alcoholic beverage and drug violations, and alcohol and drug use are also factored into other conduct concerns such as hazing, driving under the influence and disruptive conduct. The regulation also enumerates the rights (including appeal rights) all accused students and student organizations have if they are charged with alleged violations of the Student Honor Code or the Student Conduct Code. Students and student organizations found responsible for violating the Student Conduct Code are subject to academic, status, or educational sanctions appropriate to the violation.

Responsible Office	The Office of Student Conduct and Conflict Resolution.	
	https://regulations.ufl.edu/wp-	
Link:	content/uploads/2018/05/4.040 18 revised2.pdf	

#### Policies (primarily related to employees or the community):

Policy: Drug-Free Wo	Policy: Drug-Free Workplace		
Description: Issued January 1, 2019, the Drug-Free Workplace policy sets forth the			
University's commitm	University's commitment to providing all of its employees with a drug-free		
workplace. To that er	nd, the policy prohibits all faculty, staff, students, and		
volunteers from enga	aging in the unlawful manufacture, distribution, dispensation,		
possession, and/or u	se of a controlled substance or alcohol at University work		
locations and while engaged in university business off campus. Other conduct			
prohibited by the pol	prohibited by the policy includes reporting to work, class, or any university activity		
while under the influence of illegal drugs or alcohol or operating a university			
vehicle under the influence of such substances. The policy also includes: (a) the			
health risks associated with the use of illicit drugs and the abuse of alcohol; (b)			
enforcement procedures (including possible sanctions for violations of the policy);			
(c) a list of related Ur	(c) a list of related University regulations and policies and (d) University- and		
community-based resources.			
Responsible Office	UF Human Resources – Employee Relations		
	https://hr.ufl.edu/forms-policies/policies-managers/drug-		
Link:	free-workplace/.		
	The University's commitment to providing a safe and		
	healthy environment for its faculty, staff, and students was		
	reiterated in the following campus communication:		
vehicle under the influence of such substances. The policy also includes: (a) the health risks associated with the use of illicit drugs and the abuse of alcohol; (b) enforcement procedures (including possible sanctions for violations of the policy); (c) a list of related University regulations and policies and (d) University- and community-based resources.Responsible OfficeUF Human Resources – Employee Relationshttps://hr.ufl.edu/forms-policies/policies-managers/drug- free-workplace/.Link:The University's commitment to providing a safe and healthy environment for its faculty, staff, and students was			

https://news.hr.ufl.edu/news/uf-is-committed-to-a-drug-

and-tobacco-free-workplace/

Additional:

Description: Revised in August, 2019, this policy is designed to fulfill the<br/>University's compliance with the Omnibus Transportation Employee Testing Act of<br/>1991 (OTETA) and applies to all individuals who operates a University of Florida<br/>commercial motor vehicle, even those who do so on a casual or occasional basis.<br/>This policy provides the full testing process, the conditions when testing is<br/>required, and the consequences an individual faces for violations of the policy.Responsible OfficeUFHR – Employee RelationsLink:https://hr.ufl.edu/forms-policies/policies-managers/drug-<br/>testing/

#### Policies (primarily related to University students):

#### **Policy: Medical Amnesty Policy**

**Description:** UF Students and Student Organizations who seek emergency medical attention for an individual(s) who needs care, as a result of alcohol and/or other substance(s) use, may receive medical amnesty from discipline for certain student conduct code violations under the UF Medical Amnesty Policy. The Medical Amnesty Policy provides a waiver of student conduct process disciplinary action for students/student organizations who follow the subsequent procedure(s). The Medical Amnesty Policy, implemented by the Vice President for Student Life, enables the Director of Student Conduct & Conflict Resolution or designee(s) to evaluate a Student/Student Organization's incident with respect to alcohol and/or other substance(s) to determine whether amnesty will be provided at any point prior to, or during, a potential student conduct process. Medical amnesty only applies to potential violations of University Regulation 4.040 (Student Honor Code and Student Conduct Code). Any decision regarding

the applicability of medical amnesty ultimately rests with the Director of Student Conduct & Conflict Resolution or designee(s), who has the sole authority to implement amnesty as appropriate.

In situations where medical amnesty is not provided, responsible actions of Students/Student Organizations may be considered in the student conduct process as mitigating factors impacting potential outcomes.

Individual incident details, surrounding circumstances, and prior history may also be considered by the Director of Student Conduct & Conflict Resolution or designee(s) when evaluating incidents for medical amnesty consideration.

The decision to provide medical amnesty for alcohol and/or other substance(s) concerns does not preclude the University from taking needed actions to protect the health, safety, and welfare of the community because of other potential violations of law or University Regulation 4.040.

If Students/Student Organizations are unsure whether a situation qualifies as a medical emergency, you should call 9-1-1 immediately. PROCEDURE

To receive consideration for amnesty, students/student organizations must follow the three C's:

1. CALL:

Students/Student Organizations in emergency situations must take immediate action to receive appropriate help. Students/Students Organizations may seek appropriate help by immediately calling 9-1-1, activating a UF Blue Light oncampus or through their mobile device, and/or immediately informing an appropriate university official (i.e., Resident Assistant, Event Staff, etc.). Unless direct guidance from on-duty emergency responders indicates otherwise, Students/Student Organizations should not transport an individual in need of emergency medical attention themselves.

2. COMMUNICATE:

Students/Student Organizations must communicate all known details and information with respect to the incident and surrounding circumstances with emergency responders. Students/Student Organizations calling on behalf of another individual must also stay with the individual(s) involved in a medical emergency until emergency responders arrive, they are informed otherwise by emergency responders, and/or the situation presents a direct health/safety threat to them. In situations where Students/Student Organizations are not able to stay, identity information (i.e., their full name, organization name, UFID, and appropriate contact information) must be shared with emergency responders to facilitate follow-up that may be needed.

a. Student Organizations must also provide these details to their advisor and the Department of Sorority and Fraternity Life or Department of Student Activities and Involvement as soon as the immediate needs of the emergency incident have been addressed. The Department of Sorority and Fraternity Life and Department of Student Activities and Involvement will provide guidance to organization leadership regarding the appropriate way to connect with the respective areas in the event of emergency situations.

3. COOPERATE:

Students/Students Organizations must cooperate with all requests from emergency medical responders, law enforcement personnel, and/or university officials. This may include providing additional information/access, engaging in required educational activities, and/or addressing decision-making/risk management concerns that may have contributed to the medical emergency. Medical amnesty does not apply to students/student organizations who do not follow this procedure.

If the Director of Student Conduct & Conflict Resolution or designee(s) determine this protocol has been followed appropriately, medical amnesty may be applied to all Students/Student Organizations involved in an incident with respect to potential violations of University Regulation 4.040.

The decision to provide medical amnesty may be withdrawn by the Director of Student Conduct & Conflict Resolution or designee(s) if Students/Student Organizations fail to follow the entire procedure (i.e., fail to cooperate and

complete required educational programing). If amnesty is withdrawn, Students/Student Organizations will resolve any alleged violations of University Regulation 4.040 through the student conduct process.

Appropriate records for Students/Student Organizations who receive amnesty will be maintained by the Division of Student Life for use of potential amnesty application in the future. Student Organization amnesty records may be made publicly available.

Responsible Office	The Office of Student Conduct and Conflict Resolution.
Link:	https://hub.policy.ufl.edu/s/article/Medical-Amnesty

#### **Policy: Housing & Residence Life Community Standards**

**Description:** Annually issued handbook setting out the standards applicable to all students residing in or student organizations operating out of University-owned or -operated residence halls. In accordance with other University policies, the standards expand upon the University's rules related to alcohol, drug and tobacco use by focusing on their use (or the prohibition of their use) in the residence halls. These standards are reinforced through a three-tiered approach: education, engagement, and enforcement (the enforcement process follows the processes found in the Student Conduct Code). Most year's policies are relatively similar.

	Housing & Residence Life - Office of Conduct and
<b>Responsible Office</b>	Community Standards.
	https://residents.housing.ufl.edu/wp-
Link	content/uploads/sites/14/2020/08/2020-
(20-21 AY):	2021 HRE MHO CommunityStandardsV2.pdf
	https://residents.housing.ufl.edu/wp-
	content/uploads/sites/14/2020/12/2020-
(19-20 AY):	2021 HRE MHO CommunityStandards 1-21v2.pdf

#### Policy: University of Florida University Athletic Association ("UAA") DUI, Medical Amnesty and Substance Abuse Programs (Education and Testing) Policies [for student athletes]

**Description:** Designed to represent a higher standard of conduct for student athletes, UAA has developed for student athletes a UAA Code of Conduct that supplements the University's Student Honor Code and Conduct Code. Student athletes are provided this UAA Code of Conduct, as well as other UAA policies and practices in their Student Athlete Handbook. The UAA policies included in the Student Athlete Handbook (including the UAA Code of Conduct) address a wide array of alcohol- and drug-related issues, including those related to driving under the influence, medical amnesty, the UAA substance abuse program, and approved nutritional supplements. The Handbook also discusses sanctions for violations of these policies. In addition to complying with University regulations and policies, all such policies are also governed by NCAA and SEC rules.

Responsible Office

University Athletic Association

Link: Student Athlete	https://s3.amazonaws.com/sidearm.sites/gatorzone.com/d
Handbook '19-'20 (pp	ocuments/2019/10/25/2019 20 Student Athlete Handbo
30, 31, 42–49).	<u>ok.pdf</u>
Link: Student Athlete	
Handbook '21-'22 (pp	https://floridagators.com/documents/2021/8/26/2021_22_
30, 31, 42–49).	Student Athlete Handbook.pdf

Policy: UAA policies related to alcohol purchase, possession, and service within			
UAA facilities and at UAA events (such as athletic events).			
Description: UAA is a	Description: UAA is authorized to determine at which of its facilities and under		
what conditions alco	what conditions alcohol can be purchased, served, or possessed. In accordance		
with the practices of	the SEC, UAA has started to expand the number of sports at		
which alcohol may be	e served during games.		
<b>Responsible Office</b>	UAA		
	The University utilizes Centerplate as its server and		
	Centerplate has adopted a Responsible Alcohol Service		
Document	Policy, attached as Attachment B.		
	In accordance with an expansion of SEC rules, Florida		
	established a pilot program beginning in 2019 and 2020 to		
	sell alcohol at some UAA home games (see		
	https://floridagators.com/news/2020/2/6/general-florida-		
	unveils-pilot-program-to-sell-alcohol-at-baseball-softball-		
	and-lacrosse-games.aspx and		
	https://floridagators.com/news/2019/11/4/florida-unveils-		
	pilot-program-to-sell-alcohol-at-mens-basketball-		
Additional:	games.aspx)		

## Policy: Sorority and Fraternity Affairs Event Guidelines for Social Sororities and Fraternities

<b>Description:</b> Provides the process social fraternities and sororities must follow in			
order to hold events	order to hold events with alcohol either on the University's campus, in the		
organization's chapte	organization's chapter house (if the house is not on campus) or off campus.		
<b>Responsible Office</b> Sorority and Fraternity Affairs			
https://greeks.ufl.edu/wp-content/uploads/2019/10/Event			
Link:	Guidelines-Policy.pdf		

#### Miscellaneous:

#### Web Pages for students

**Description:** On several student-centered websites, the University reiterates students' and student organizations' legal responsibilities, under Florida law, as well as general responsibilities, under University's rules, related to alcohol and

drug possession, sale, and use. Additionally, information is provided about the health risks of illicit drug use and counseling and rehabilitative programs are discussed.

Web Page:	University Dean of Student's Office: Student Handbook
Link:	https://dso.ufl.edu/resources/student-handbook/
	This webpage includes: a reiteration of the University's
	policies related to alcohol and drugs; selected laws
	pertaining to alcoholic beverages use, possession and
	intoxication; legal sanctions under federal and state law for
	various criminal offenses related to alcohol and drugs;
	health risks associated with the use of illicit drugs and the
Information	abuse of alcohol, and the availability of counseling and
Provided:	rehabilitation programs.
Web Page:	Undergraduate Catalog: Student Responsibilities
Link:	https://catalog.ufl.edu/UGRD/student-responsibilities/
	This page reiterates the potential negative impact of
	students' use of alcohol and other drugs and the efforts the
Information	University community can take to prevent alcohol abuse
Provided:	and illicit drug use.

Academic Year	AOD Seminar	BASICS	CASICS	Echeckup- Alcohol	Echeckup- Cannabis	MAP Appointment
2020- 2021		118	n/a			
2021- 2022		18	13	1590	175	17

\*Staff turnover resulted in a semester of BASICS/CASICS not be implemented in Fall 2021

## Alcohol and Other Drug Comprehensive Program /Intervention Inventory & Related Process and Outcomes/Data

#### Individual Based Programs/Interventions

#### Students

#### Program: Brief Assessment and Screening for College Students (BASICS)

**Description:** BASICS is GatorWells screening, brief intervention, referral to treatment (SBIRT) program. BASICS/CASICS uses a harm reduction approach to substance misuse in students. The goal is to reduce levels of alcohol/cannabis use and negative consequences associated with use/misuse. It is a program designed for any student who wants to learn more about their substance use habits and how to avoid possible negative consequences. Participating requires 2 appointments, each lasting about 60 minutes. In the first appointment, students complete self-report measures about their use and building rapport with the facilitator. The second appointment consists of an individualized/personalized feedback session, providing normative student data, etc. Students may refer themselves to this program, be referred by a campus entity, be required to complete the program as part of a court order.

\*Due to staff turnover, Fall 2021 semester did not have any completed BASICS sessions

\*BASICS are 2 session appointments; therefore, the total number of sessions is a culmination of all sessions conducted, not just initials.

Goal: Reduce alcohol/other drug use and negative consequence associated with use

Objectives:				
• Upon completion of BASICS, 75% of UF student participants will				
report	report an intention to decrease their alcohol use (measured by question			
1)				
• Af	After completing BASICS, 65% of UF student participants will			
demor	demonstrate a decrease in how often they have a drink containing alcohol			
(Appli	lies to 3,6,12-month follow-up)			
• Af	fter completing BASICS, 65% of UF student participants will			
demor	onstrate a decrease in how many drinks containing alcohol they have			
on a ty	pical drinking da	y (Applies to 3,6,12-month follow-up)		
• Af	fter completing BA	ASICS, 65% of UF student participants will		
demoi occasi		in how often they have 6 or more drinks on one		
	1 0	ASICS, 65% of UF student participants will report utcomes as a result of their drinking		
	0	BASICS, 65% of UF student participants will		
1	. 1	n strategies that will assist in their decrease of		
alcoho	ol use (measured b	by strategies question)		
• U <u>I</u>	oon completion of	BASICS, 65% of UF student participants will be		
able to	o define a standard	l alcoholic drink		
• U <u>I</u>	oon completion of	BASICS, 65% of UF student participants will be		
able to		hat affect their BAC when drinking		
Location	GatorWell Health Promotion Services			
Timing	By Appointment			
Target	Sanctioned Students; Medical Amnesty Referrals			
Classification	Indicated			
College AIM	Higher Effectiver	ness, Individual		
Category	Screening			
Data	2020-2021	Number of sessions: 118		
	021-2022	Number of sessions: 36		
Program: Cannabis Screening and Intervention for College Students (CASICS)				
-		tion for college students. Students often conform to		
patterns of cannabis use they see as acceptable, while holding false beliefs about cannabis				
effects or actual ca	nnabis-use norms.	CASICS is designed to help students make more		
informed decisions	about cannabis use	2.		
Location	GatorWell Health Promotion Services			
Timing	By Appointment			
Target	Sanctioned Studer	nts; Medical Amnesty Referrals		
Classification	Indicated			
Category	Screening			
Data	2020-2021	Number of sessions: 0		
	2021-2022	Number of sessions: 26		

Program: Electronic Check-Up to Go (eCHECK-Up) for alcohol and cannabis

<b>Description:</b> Alcohol/Cannabis eCHECKUP TO GO is a web-based service that provides students with personalized feedback about their drinking/cannabis patterns and how their		
	use might affect their health and personal goals.	
Location	Location GatorWell Health Promotion Services	
Timing	Online	
Target	General Student Population; Sanctioned Students	
Classification	Universal; Indicated when sanctioned	
College AIM	Higher Effectiveness, Individual	
Category	Education, Screening	
Data	Alc. E-checkup 2020-2022- 1,648	
	Cannabis E-checkup 2020-2022- 211	

#### Program: Everfi AlcoholEdu

**Description:** During this biennial period, GatorWell provided the AlcoholEdu online course on alcohol education for all incoming students to the University of Florida, which includes first year students as well as transfer students and newly admitted graduate/professional students.

Location	University of Florida Division of Student Affairs	
Timing	Online	
Target	All incoming UF students	
Classification	Selective	
College AIM	Higher Effectiveness, Individual	
Category	Education	

#### Program: Alcohol Skills Training Program (ASTP)

**Description:** During this biennial period, UF incorporated the alcohol skills training program into its list of available AOD services for students. ASTP is a 90-minute program with the goal of teaching students ways to drink alcohol that minimizes risks to their health and safety. Students will learn the psychology and biology of alcohol use and develop skills on how to count and pour standard drinks, properly measure alcohol consumption, find their personalized "limits", and discuss how to use risk reduction strategies for a fun and safe night out

Timing In-	torWell Health Promotion Services person/online		
	person/online		
Target Sar	Sanctions/Medical Amnesty/Appointment		
Classification Sel	Selective/Indicated		
College AIM Hig	Higher Effectiveness, Individual		
Category Edu	ucation		
Data 202	20-2021	Number of sessions: 2	
202	21-2022	Number of sessions: 39	
Tot	tal # of participants	179	

#### **Group Based Programs/Interventions**

#### Students

- Peer Education
  - GatorWell Health Hut: GatorWell's Health Hut peer education program offers brief educational interventions with students regarding alcohol use during the fall semester (October) and the week before Spring Break.
- Freshman Orientation ("Preview") Presentations: Students receive a presentation on alcohol and drug use on the second day of their 2-day freshman orientation program called "Preview." This presentation is given to all incoming freshman to the University of Florida.
- Health Communication Campaigns: GatorWell provides health communication campaigns regularly throughout the year. During this biennial review, the following campaigns were created alongside standard messaging during the alcohol biweekly message in fall and spring semesters:
  - "Make it a Good Night" campaign focused on increasing water consumption and reducing number of drinks consumed in an outing.
  - Drink Safety Tips campaign focused on building students' skills to prevent & intervene in drink spiking situations
  - Spring Break Safety
- **Group Presentations:** Presentations on alcohol and other drug use for the general student body have been provided primarily by GatorWell and Counseling and Wellness Center, with occasional presentations by the University of Florida Police Department.
- University Athletics Education/Presentations: The University Athletic Association and the Substance Abuse Committee are committed to informing student-athletes on this issue. Examples include:
  - Arranging speakers and seminars for coaches and staff in order for them to be more familiar with areas of substance abuse
  - Educational programming conducted by the Hawkins Center as part of the student athlete life skills program. Presentations and seminars include topics relative to substance abuse, alcohol use and steroid and supplement education.
  - Disseminating information and materials available from NCAA, campus, and community resources on the topic of drugs, including alcohol and tobacco, as well as materials related to general health and well-being.
  - Providing opportunities for student-athletes to discuss health, legal, and ethical risks of alcohol and other drug use during freshman orientation and preseason meetings.
     Providing opportunities for review and input by the Student-Athlete Advisory Committee (SAAC).
  - Communicating with independent committees on campus dealing with substance abuse.
- Workshops/Seminars/Substance Use Therapy Groups:
  - Success Not Excess: Group workshop discussing use of alcohol and other drugs, developing an understanding of drugs and potential effects, identify warning signs for developing an addiction, and clarify values.
  - **Mindful Recovery:** This group offers the opportunity to learn how to maintain recovery in college, where there are many potential obstacles and relapse triggers. Facilitators will emphasize stress reduction and relapse prevention strategies and group members

will have an opportunity to learn from the experience, strength, and hope of others. Anyone at any stage in recovery is welcome.

- **Alcohol Skills Training Program:** Tenets of ASTP are utilized across in various "workshop" settings implemented by GatorWell.
- Recovery based groups
  - UF Collegiate Recovery Community
- Educational programs usually reserved for policy violators that individuals can voluntarily participate in include:
  - Alcohol, Drugs, and the Law Seminar: Educational seminar co-facilitated with GatorWell Health Promotion Services and University of Florida Police Department. This seminar was a 1 hour to 1 hour, 30-minute discussion/lecture on alcohol education and legal consequences of substance use/misuse.
  - **Substance Abuse Screening and Intervention Program:** Provides students with the opportunity to speak with a mental health counselor to explore the student's current and past substance abuse, family history of substance abuse, and other factors that may affect their risk of developing a substance use disorder.
  - BASICS/CASICS
  - Alcohol Skills Training Program
  - E-checkup to Go for Alcohol/Cannabis

#### Universal or Entire Population Based Programs/Interventions

#### Students

Program: Safe Ride	Program: Safe Ride Programs		
Description:			
SNAP: Stue	SNAP: Student Nighttime Auxiliary Patrol (SNAP) offers free rides to students on-		
campus as	well as surrounding parts close to campus		
Later Gato	or: Gainesville Regional Transit System (RTS) offers a late night "Later		
	ended hours and routes for students that are traveling from downtown		
	wn to campus as well as common locations for student apartment		
complexes			
	<b>des – Rideshare Discount:</b> In April 2017, Student Government began		
e e	n Uber discount for UF students. During this biennium period, the		
	hifted from Student Government to UF Transportation and Parking		
	Services. The service also shifted from Uber to Lyft, offering students a 50%		
	or \$15 maximum, whichever threshold is hit first) on standard or Lyft XL		
rides. The	discount is applicable Wednesday through Sunday, 9 pm – 3 am.		
Location	UFPD/ Gainesville RTS / UF Transportation and Parking		
Timing	Select evening hours, by request		
Target         All UF students			
Classification Universal			
College AIM	Mixed Results / Too Few Studies, Environmental		
Category	Environment		

Program: Gator Nights			
Description: GatorNights is the leading late-night program in the Southeast. Taking place			
every week during	the Fall, Spring, and Summer. The program offers FREE blockbuster		
movies, bands, cor	medians, improv shows, arts and crafts, novelties, interactive games,		
food, cultural ever	food, cultural events, DJ's, video games, and more. GatorNights welcomes all STUDENTS.		
Location	UF Student Activities & Involvement / Reitz Union		
Timing	Friday nights during the academic year		
Target	All UF students		
Classification	Universal		
College AIM	Mixed Results / Too Few Studies, Environmental		
Category	Environment		

Intervention: Health Communication Campaigns			
Description:			
<ul> <li>GatorWell provides health communication campaigns throughout the year. During this biennial review, the following campaigns were created alongside standard messaging during the alcohol biweekly message in fall and spring semesters:         <ul> <li>"Make it a Good Night" campaign focused on increasing water consumption and reducing number of drinks consumed in an outing.</li> </ul> </li> </ul>			
Location	N/A		
Timing	N/A		
Target	All UF students		
Classification	Universal		
College AIM	Lower Effectiveness (when used alone)		
Category	Environmental		

#### Environmental/Socio-Ecological Based Programs

- UF Community Alcohol Coalition (CAC): The CAC meets once a semester for UF, Santa Fe College, Alachua County Schools, City of Gainesville, Gainesville Police Department, and other community members to share updates on AOD data and initiatives as well as provide feedback and offer support for initiatives.
- **Game Day Texting System:** University Athletic Association uses a game day texting system for any guest to report problems or request help in the stands. This system allows guests to also report any tobacco, drug, or alcohol use in the stadium, as all three are prohibited.
- **Responsible Beverage Service/Server Education Programs:** The state of Florida does not require alcohol server training, though there are opportunities to take trainings throughout the year in the community through Gainesville Police Department and the Health Promotion and Wellness Coalition.

- **Enforcing Underage Drinking Law Programs:** With combined efforts from University of Florida Police Department, Gainesville Police Department, and Florida Division of Alcoholic Beverages and Tobacco, the following enforcement programs occur regularly:
  - Compliance Checks
  - Party patrols: Gainesville Police Department established a Party Patrol program where officers monitor neighborhoods with higher student population for noise violations and other factors that could contribute to an unsafe house party environment.
  - o DUI enforcement
  - o ID Checks at on and off- campus bars and establishments
- Student Activities and Involvement risk management policies: Student Activities and Involvement requires that all on-campus events sponsored by student organizations have a permit through their office to hold such an event. On-campus events that serve alcohol must submit their permit application at least 21 days in advance and approved 3 days prior to the event dates.
- Sorority and Fraternity Affairs (SFA) Risk Management: SFA requires that all Greek Life recruitment/intake/new member events are required to be alcohol-free. Along with following SAI permitting for on-campus events with alcohol, there are extra requirements for Greek Life events (on- and off-campus) regarding guest management and alcohol availability.

## Alcohol and Other Drug Comprehensive Program Goals and Objectives for Biennium Period Being Reviewed

## Alcohol and Other Drug SWOT/C Analysis

#### Strengths

- UF has the strength of passionate campus partners that see the importance of substance use prevention in their work. Substance use prevention is not seen as a job that is done by just one office.
- Programming: Because of the amount of campus partners invested in this work, we are able to provide numerous programming options, options that are based in best practices, and with many programs the ability to scale up as well as tailor programming.
- Continued interest/investment from campus partners on substance use programming, policy enforcement etc. on campus that includes efficient collaboration
- With the help of Rebecca DeCesare, the Biennial Review was able to be housed under Ethics & Compliance offices website, as a dynamic document to increase transparency of AOD programming at UF.
- To date, very rarely have employees been seen for any substance use workplace policy violations

- With AOD programs, services, and policies being housed in different departments and different locations, it may make finding accurate information and resources difficult and confusing.
- While programming is abundant, the work group for this report addressed:
  - Wanting more substance use prevention education/programming that is more tailored based on student subpopulations as well as asynchronous to address busy student schedules.
  - Continuing to make decisions on programming/intervention on data, not necessarily as a reactionary act.
- Finally, but most importantly, COVID-19 greatly impacted programming, interventions, and substance use trends among faculty and staff starting March 2020. There are also longer-term implications on resources and budget due to COVID-19 which could negatively impact programming and services.

#### **Opportunities**

- Continue to build/cultivate partnerships
- Build on resurgence of Community Alcohol Coalition efforts
- Build on working especially with community partners to enhance community data collection efforts
- Efforts to increase availability of Narcan

#### Threats/Challenges

- Increased legalization of cannabis
- Lack of clarity between CBD & THC
- Potential of fraudulent medicinal marijuana cards
- Increase of polysubstance use, especially substances containing fentanyl

### **Recommendations for Next Biennium**

- 1.) Increase communication among campus partners on programming, services, and other interventions to reduce duplication and ensure UF has a strategic and consistent message on substance use prevention.
- 2.) Enhance ways community partners can provide data to UF regarding student substance-related incidents in the community as well as provide these community partners with the ability to refer students back to campus resources.
- 3.) Work towards having increased Narcan availability for the community and providing education around it
- 4.) Working towards increasing efforts around Cannabis prevention and distinguishing between medical use and non-medical use

## Goals and objectives for next Biennium

- 1.) Continue to increase awareness, programming, and initiatives around nicotine prevention, cannabis prevention, and recovery support for students and staff.
- 2.) Work towards extending comprehensive programming around substance use
- 3.) Enhance off-campus partnership efforts

### Conclusion

In conclusion, the Biennial Review process at the University of Florida continues to be a streamlined and collaborative process between multiple campus partners to address the topic of substance use. As we continue with the help of more campus partners, we are excited to see the accomplishments that will be made in the coming biennium review periods.